

***I AM!***

*I love  
the preparations  
almost as much as the ride.  
The anticipation,  
wondering what the conditions  
will be like.*

*Mud?  
Snow?  
Fallen trees?  
Winter wear.*

*I love  
prepping the bike,  
checking the mechanics,  
greasing the chain.*

*And then when I am out there,  
on my bike,  
in the trails,  
adrenalin pumping,  
legs screaming,  
lungs bursting,  
I AM!*

♥ Louise



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Photo: Me, hoisting the bike at Buckwallow. Bracebridge, ON